

## **Vera's Sanctuary for Women** **Remote Location in Trabuco Canyon, California**

The Teen Project is dedicated to young women who are victims of trauma, wards of the juvenile dependency system, emancipated minors (homeless and incarcerated) and Commercially Sexually Exploited Children. Our services are covered by Medi-Cal through the Orange County Health Agency & Social Services Agency. Our clientele are primarily young women and pregnant women 15 – 26 years old. We provide drug treatment, intensive therapy, vocational training and transition to permanency.



*Vera's Sanctuary is located at an undisclosed location in the remote area of Trabuco Canyon.*



Clients are required to participate in the following to remain in treatment.

- Detox (if needed) & residential treatment
- Forty-two hours of therapeutic services (group & individual) weekly
- Drug testing twice week
- Individual counseling twice per week
- Individual therapist once per week
- Personalized treatment plan – therapy, education, and vocational goals
- Transition to permanency planning

### **Group Curriculum:**

- Anger Management
- Boundaries and Barriers
- Core Values of Recovery
- Recovery Skills
- Parenting Skills
- Family Group
- Healing from Abuse
- Personal Growth
- Re-Entry Services & Support
- Reunification Support
- Domestic Violence
- Relapse Prevention

Vera's Sanctuary is a secure gated site to ensure the safety of the clients. Equipped with security cameras at the gate and onsite, as well as 24/7 staffing.